

April 9th, 2021

Washington County's 2020-2023 Community Health Improvement Plan



WASHINGTON COUNTY
Public Health



Public Health
Prevent. Promote. Protect.



Healthy People, Thriving Communities



Welcome!

- Please share your name and organization in the chat
- Please use the chat & Q&A functions to submit questions or comments during our presentations
- Please adjust your speaker view (see button in top right corner) to view presenters as needed



Agenda

- Land Acknowledgment
- Community Healing and Resilience in the Wake of the COVID-19 Pandemic
- Achieving Health Equity in Oregon
- 5 minute break
- Washington County's 2020-2023 CHIP

Land Acknowledgment

As we begin today, we'd like to take a moment to honor the Indigenous people whose traditional, ancestral, and contemporary homelands that house the area we call Washington County today: the Clackamas Chinook, the Wasco-Wishram, the Willamette Tumwater, the Multnomah, and other Chinookan peoples, as well as the Tualatin Kalapuya, the Cayuse, the Molalla and other tribes and bands of the Columbia and Willamette Rivers.

Community Healing and Resilience in the Wake of the COVID-19 Pandemic

Jillene Joseph

Executive Director of the Native
Wellness Institute



Achieving Health Equity in Oregon

Leann Johnson, MS

OHA Equity & Inclusion Division Director



Office of
Equity & Inclusion

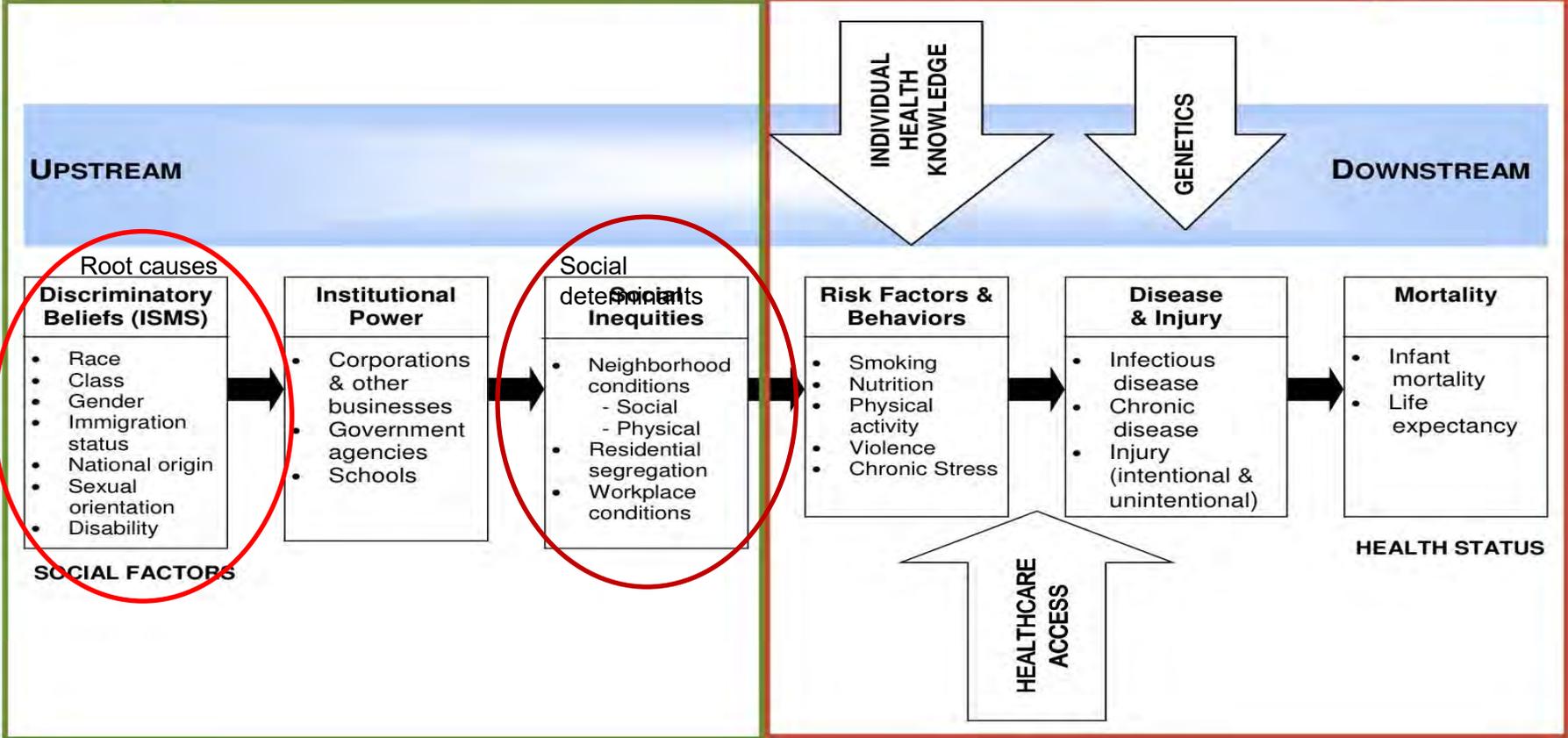
OHA's Strategic Goal

To eliminate health inequities in
Oregon by 2030

A Framework for Health Equity

Socio-Ecological

Medical Model



Health Equity Definition

Oregon will have established a health system that creates health equity when all people can reach their full health potential and well-being and are not disadvantaged by their race, ethnicity, language, disability, gender, gender identity, sexual orientation, social class, intersections among these communities or identities, or other socially determined circumstances.

Achieving health equity requires the ongoing collaboration of all regions and sectors of the state, including tribal governments to address:

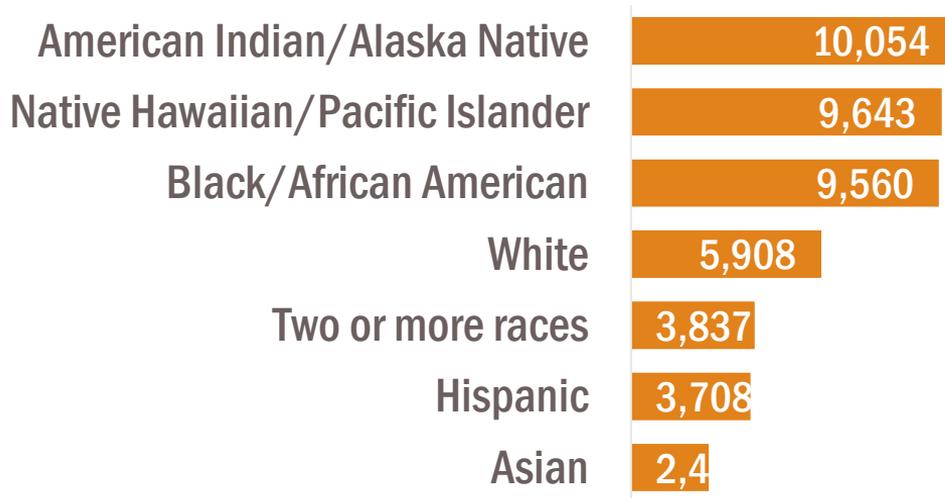
- The equitable distribution or redistribution of resources and power; and
- **Recognizing, reconciling and rectifying historical and contemporary injustices.**

Health Inequities and Racism

- Health inequities are differences in health that are not only unnecessary and avoidable but, in addition, are considered unfair and unjust. Health inequities are rooted in social injustices that make some population groups more vulnerable to poor health than other groups.
- Babies born to Black women are more likely to die in their first year of life than babies born to White women.
- This remains true even when controlling for income and education
- Research has shown links between the stress from **racism** experienced by Black women and negative health outcomes. **This is a health inequity** because the difference between the populations is unfair, avoidable and rooted in social injustice.

Years of potential life lost before age 75 (per 100,000)

Many communities of color experience greater societal impact of early death.



Leading causes of premature death

- Injury
- Cancer
- Heart Disease
- Perinatal Conditions
- Diabetes
- Chronic Lower Respiratory Disease
- Liver Disease and Cirrhosis

Key drivers include

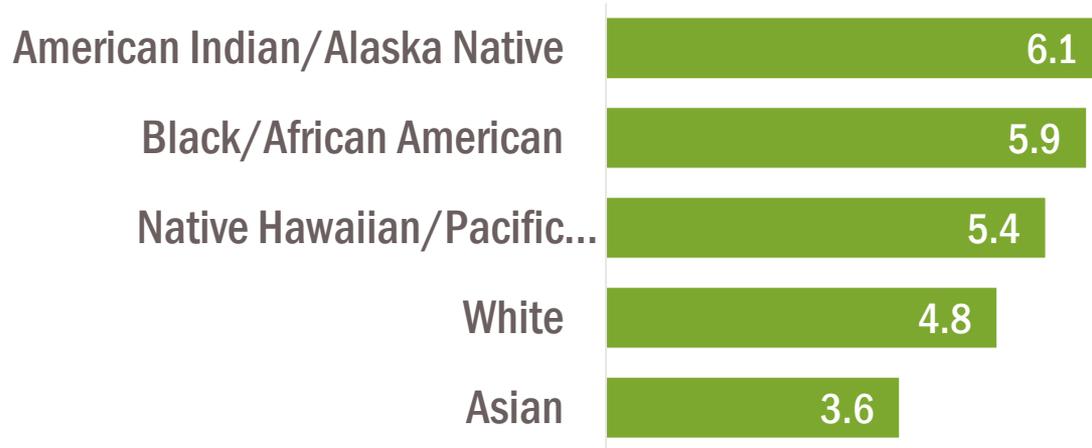
Structural racism

Socioeconomic status

***Unequal access to
healthcare services***

Average number of days of poor mental health in the past month

Many communities of color report higher average days of poor mental health.



Key drivers include

Structural racism

Socioeconomic status

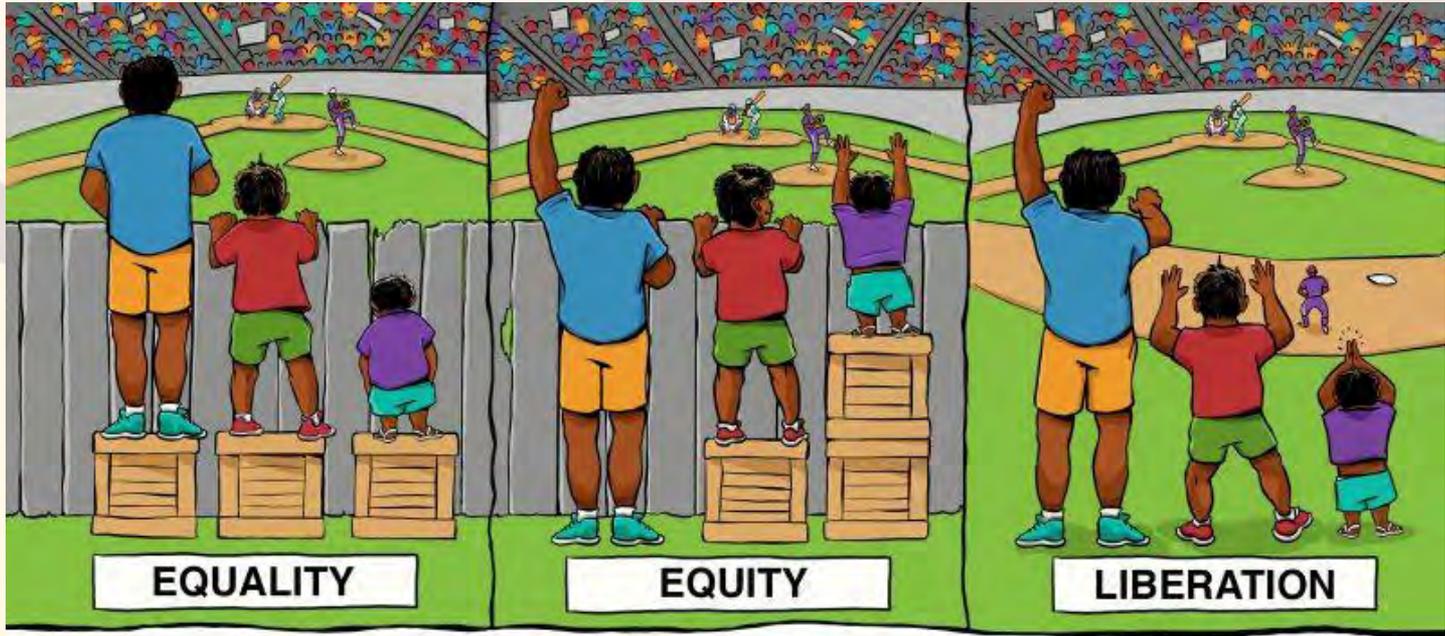
***Unequal access to
healthcare services***

Context

- Historical and structural racism and oppression dating back to colonization and systematic genocide set in motion 529 years ago, to enslavement 400 years ago, to today's continued dehumanization of Black and Brown people are a driving source of today's health inequities.
- Racism is addressed through anti-racist strategies, tactics and initiatives
- It is not enough to be non-racist
- Anti-racism is a term of art in the Equity and Inclusion discipline
- Anti-racism is not pursued at the exclusion of other equity strategies or communities impacted by health inequities
- Anti-racism is designed to dismantle a root cause problem

Content and Collaboration

- CCO Contract and Other Requirements
 - Health Care Interpreters and Health Equity Metric
 - Traditional Health Workers
 - Health Equity Plan
- State Health Improvement Plan/Healthier Together Oregon
- 16 programs/functions of Equity and Inclusion Division
- Tribal Affairs
- Community Partner Outreach Program
- Building Up and Stabilizing Equity Infrastructure
- Strategic Planning



the4thbox.com



Interaction Institute
for Social Change



Original Distribution
by Arques Magazine

<https://www.storybasedstrategy.org/the4thbox>

The image features a central text element 'Questions?' in a black, sans-serif font. The background is a light cream color, overlaid with several large, semi-transparent, curved shapes in shades of grey, yellow, and pink. The shapes intersect to form a central point. The entire composition is framed by a black border, which is further decorated with horizontal bars of red, yellow, and brown at the top and bottom edges.

Questions?

Break

We will return in 5 minutes to continue our forum with a presentation on Washington County's 2020-2023 CHIP

Washington County's 2020-2023 CHIP

The CHIP is a community plan for action that defines how Washington County HHS and community partners come together to improve health equity and address priority health issues



Washington County 2020-2023 CHIP

CHIP Foundational Goals:

Reduce health disparities

Improve health equity

Apply a racial equity lens and trauma informed principles to the CHIP structure and work.



CHIP Priorities:

Improve access to health care, including primary care, behavioral health and oral health services.

Improve behavioral health outcomes, including mental health, suicide and substance use.

Build systems to improve well-being.

Vision

By collaborating to leverage community strengths and resources and honoring lived expertise, we support our community to improve our own health.

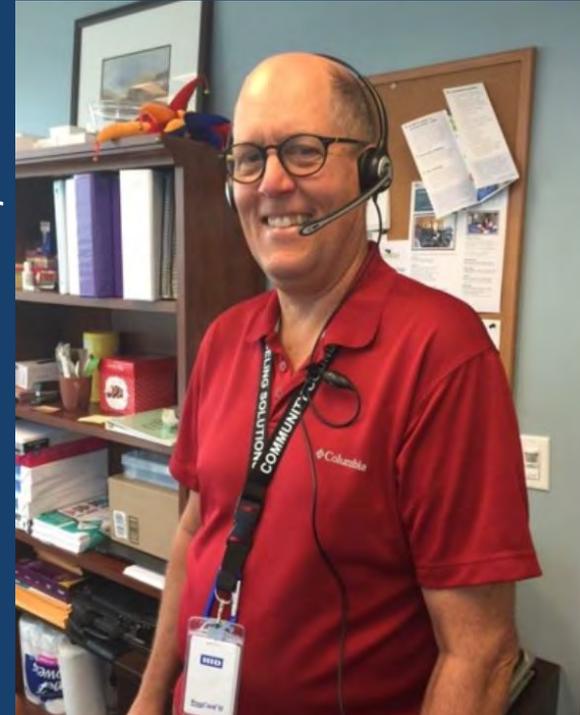


Committee Projects: Aging & Connection Committee



Centro Cultural:
Walks through
Cornelius

Oregon
Senior Peer
Outreach



Five Oaks Museum:
Museum Objects-
Health and Healing



Committee Work: Youth Substance Use Prevention

CHIP Community Grants Program

We are very proud of our staff and community for adapting to our current conditions during the pandemic. It had been a huge adjustment to move our programming virtually, assist families to learn how to use different technology (and learn ourselves), and continue to adapt our services to best serve the community. Everyone has been so willing to jump in and help and go beyond their comfort zones to learn and grow.

-Quote from grantee

Washington County CHIP Community Grants

Grant Recipients	
Arts & Communication Magnet Academy	Mountain View Middle School
Oregon Health Equity Alliance	Adelante Mujeres
Mental Health & Addiction Association of Oregon	Tualatin High School
Meals on Wheels	Virginia Garcia
Pacific University	Community Counseling Solutions

Opportunities to Get Involved

- Access Washington County's 2020-2023 CHIP on our HHS website
- Apply to our community grants program
- Join a CHIP Committee



Questions?



For more information, please contact Alicia Lee at alicia_lee@co.Washington.or.us



THANK
YOU