# Town Hall: MENTAL HEALTH

June 28, 2021



6:00 p.m.: Welcome & Housekeeping

6:10 p.m.: Staff Presentation on Mental Health

6:25 p.m.: Q&A for Board of Commissioners

7:20 p.m.: Final thoughts and Thank You

## **Board of County Commissioners**

www.co.washington.or.us



Participate with intention

Appreciate diversity of perspectives

Maintain respectful space

Create opportunity for everyone to engage

Only one question or comment to make room for everyone

## Washington County Board of Commissioners







Chair Kathryn Harrington At Large Commissioner Nafisa Fai District 1

Commissioner Pam Treece District 2





Commissioner Roy Rogers District 3

Commissioner Jerry Willey District 4

# Staff Presentation: Washington County's Mental Health program



## Nicholas Ocon

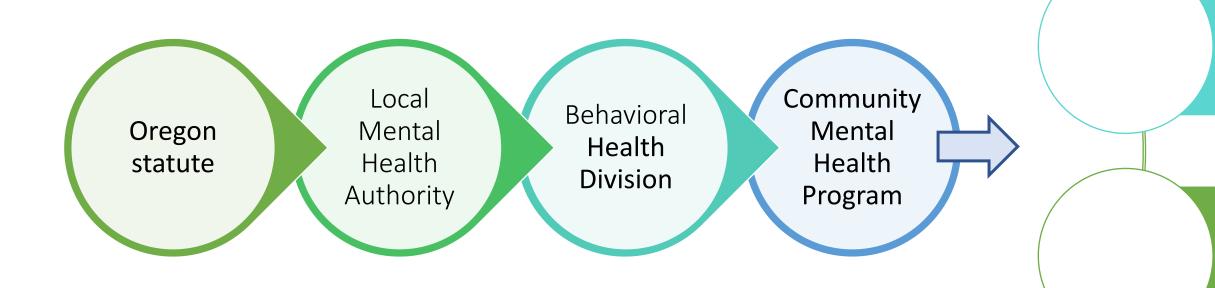
Behavioral Health Division Manager Nicholas\_Ocon@co.Washington.or.us Phone: 503-846-4528



- Behavioral Health is an umbrella term that involves the promotion of mental health, resilience and well-being; it includes treatment of both Mental Health and Addictions.\*
- Mental Health is an individual's overall well-being in relation to their biology, their environment and how they interact with the world.
- Today we will be talking about Washington County's Mental Health programs and community services.

\* SAMSHA.gov

# What is Washington County's role?



## Mental Health Program

## Substance Use Disorder Program

# Core Functions of Community Mental Health Program



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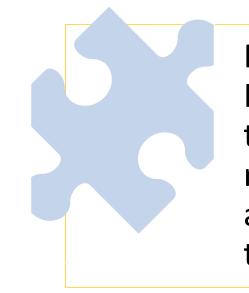
# Mental Health Response Team

Now in its 11<sup>th</sup> year, this program pairs a trained crisis clinician with a Washington County Sheriff's Office deputy.





Service to community members begins on patrol and includes assessment and engagement with a trained clinician with a goal of crisis resolution and connection to necessary resources.



To find out more: https://youtu.be/FvYp5hjDzRM

Provides direct collaboration between dedicated law enforcement officers and behavioral health professionals for the best outcomes in emergency situations.

Program is growing with a member from the Hillsboro Police Department joining the team and plans in the works to add members from Beaverton, King City, Tigard, and Tualatin Police Departments - making this team a truly multi-agency effort





How are services delivered and who benefits?

- Washington County Crisis Line
  - Receives approximately 16,000 calls a year  $\bullet$
- Hawthorn Walk-in Center  $\bullet$ 

  - Provides about 5500 episodes of care annually.
- Mobile Crisis Team  $\bullet$
- Mental Health Response Team  $\bullet$ 
  - $\bullet$

• Supports approximately 3800 individuals a year.

• Supports approximately 440 unique individuals annually

Responds to approximately 850 individuals and 2,000 calls annually

# Mental Health & Homeless: Supportive Housing Services

## Voter approved May 2020

- Prioritizing housing and services for people with disabilities, experiencing prolonged homeless
- First round of investment: July 2021
- 10-year funding stream
- Goal to create 1665 supportive housing placements in Washington County and to increase shelter capacity to 250 year-round beds for individuals
- All programs will lead with racial equity and ensure equitable outcomes

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**VOTE YES ON** 

**MEASURE 26-210** 

We are all HereTogether.

**Return your ballot by May 19th!** 

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# Mental Health & Homeless: Supportive Housing Services

## Housing case management

- Outreach and engagement
- Housing navigation, placement
- Eviction prevention
- Onsite & housing retention supports

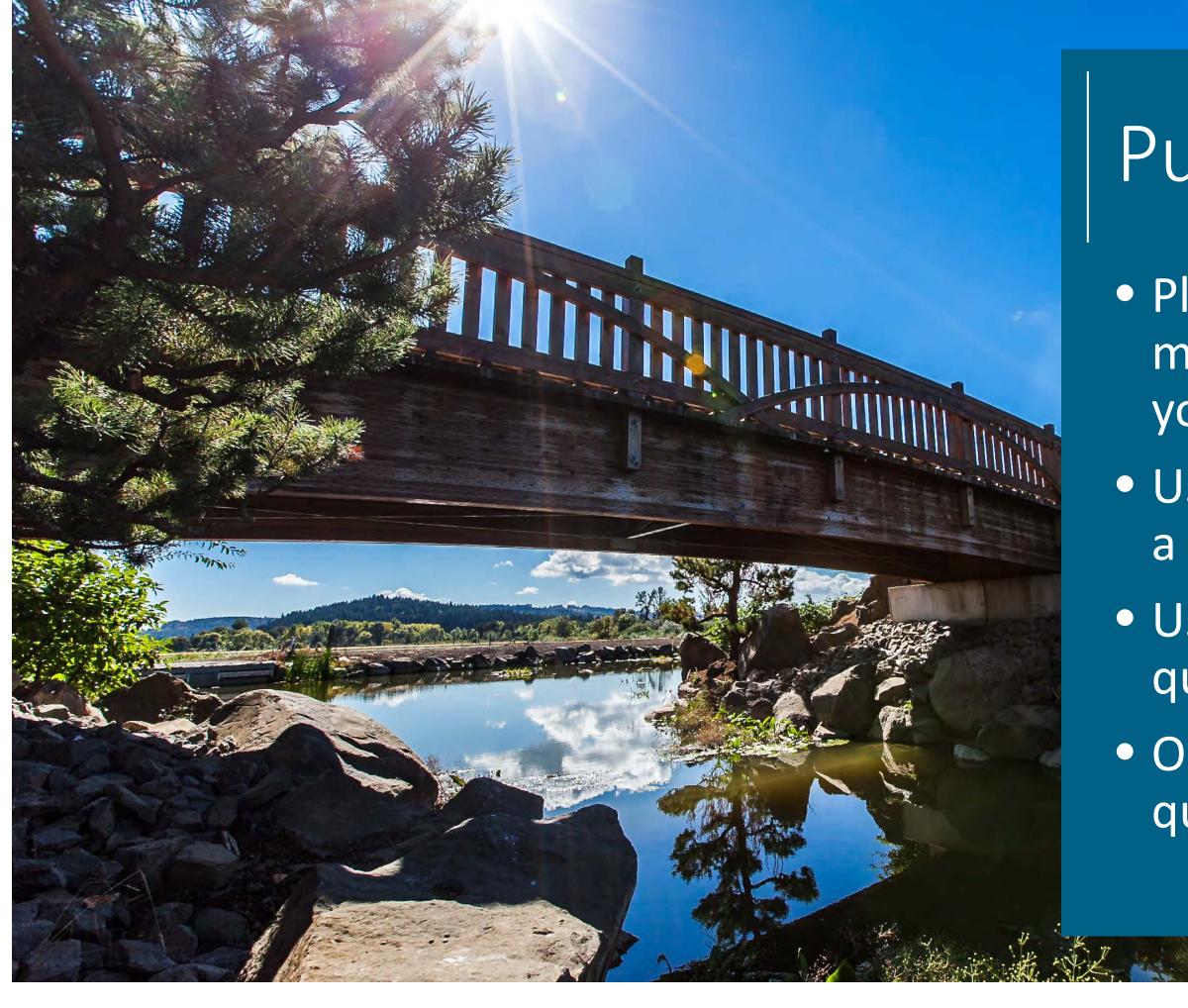
## Supportive Housing Services

## Wrap-around supports

- Community-based health and mental health and peer supports
- Addiction and recovery services
- Employment and education supports
- Disability benefits and legal advocacy

## Long-term rent assistance

- Housing first model
- Permanent rent subsidy for people with disabilities
- Tenant based and project-based voucher



# Public Comment

- Please identify which Board member you are directing your comment or question to.
- Use "Raise your hand" to ask a question live.
- Use "Chat" to submit a question or comment.
- Only one comment or question, please.

WHERE TO GO FOR HELP A RESOURCE GUIDE

WASHINGTON COUNTY CRISIS LINE: 503-291-9111 VETERAN'S CRISIS LINE: 1-800-273-TALK (8255) ALCOHOL & DRUG HELPLINE: 1-800-923-4357 SUICIDE PREVENTION LIFELINE: 1-800-273-8255 MILITARY HELPLINE: 1-888-457-4838 OREGON YOUTHLINE: 1-877-8491 OR TEXT "TEEN2TEEN" TO 839863

