Annual Report

FY 2025-2026

Center for Addictions Triage and Treatment

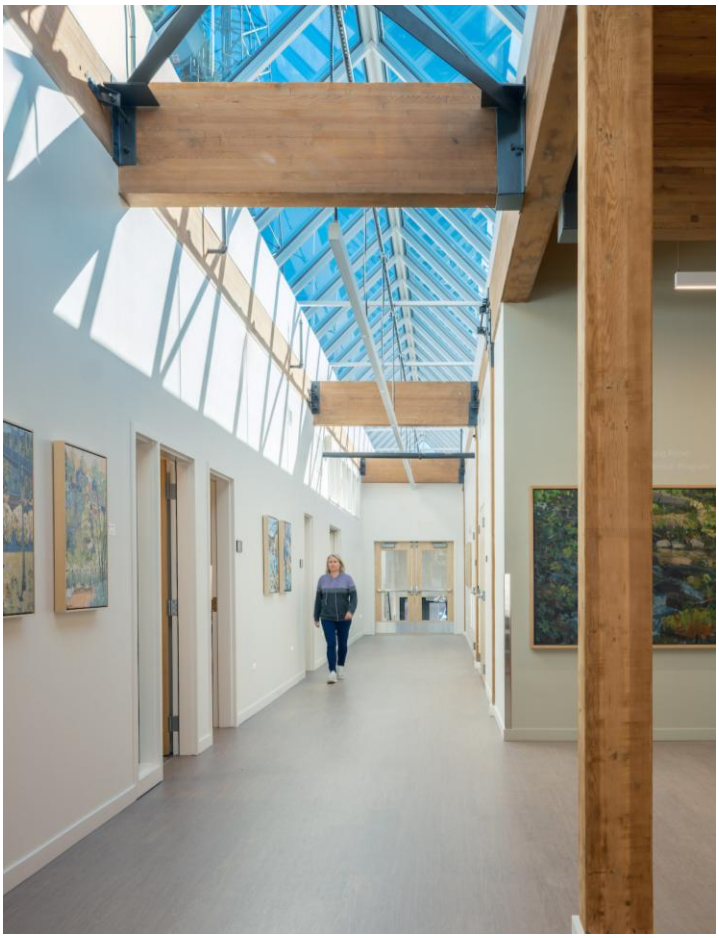
CATT
Center for Addictions
Triage and Treatment

Summary

In 2019, Washington County started to envision the creation of a new treatment center to support community members struggling with problem substance use. A data analysis quickly identified the dire need for new services, with no withdrawal management beds and few residential treatment beds available in the county at that time. County staff began a visioning and planning process that resulted in a concept: **to develop a continuum of integrated, accessible, and trauma-informed supports grounded in best practices.**

In 2025, this vision became a reality with the opening of the Center for Addictions Triage and Treatment, also known as CATT. The CATT brings together several community organizations, each with its own specific areas of expertise, to work in a coordinated manner alongside the County's Behavioral Health Division. CATT officially opened its Hillsboro site in July 2025, offering outpatient, crisis, and housing services, as well as a drop-in recovery center. In November, the CATT added withdrawal management, residential treatment at the new Beaverton location and added health services at the Hillsboro site. Finally, in August 2026, the sobering program opened in Beaverton, completing the initial array of services.

The CATT was developed by our community for our community. More than 200 individuals contributed to the project, sharing their expertise and vision through the development.



Interior of Beaverton Recovery Center

Overview of Services

The CATT offers programming at two separate locations, each with a unique array of services available.

Beaverton Recovery Center (BRC)

The Beaverton site (pictured above), located at 17911 NW Evergreen Place in Beaverton, offers intensive inpatient services provided by **CODA, Inc.** Services include:

- **Residential treatment**: A facility-based treatment program where a person lives in a supportive environment and learns the skills to avoid relapse. Services are commonly 30-90 days. The CATT has 28 men's and 28 women's residential beds.
- **Withdrawal management** Withdrawal Management, also known as detox, provides 24/7 medical monitoring and support to individuals who have developed a physical dependence on alcohol, opiates, or other substances. This is typically a short-term service, often with transition to residential services upon discharge. The average length of stay is 3-5 days. The BRC has 16 detox beds.
- **Sobering**: Designed to support an individual who is acutely intoxicated. Services include monitoring vital signs, providing fluids and nutrients, and offering a safe and supportive environment. Length of stay is typically very short, generally ranging from 4 to 12 hours. The CATT has 16 sobering beds.

Hillsboro Recovery Center (HRC)

The HRC, located at 5250 NE Elam Young Parkway in Hillsboro, has a variety of community services to support people with substance use disorders and other behavioral health conditions.

- **The Peer Company** operates the peer drop-in center. The center is a space where individuals in recovery and their friends, family and other supports can find connection, mutual support and resources, all of which are critical to recovery.
- **Outpatient services** focus on service access for our Spanish-speaking community and include counseling, medication and peer support. **Solutions Group NW** provides services in Spanish and English.
- **The Hawthorn Walk-In Center** is operated by **Lifeworks NW** and offers urgent behavioral health crisis intervention, assessment and stabilization services. It provides connection to both mental health and substance use treatment services.
- **Washington County Behavioral Health** provides protective services, civil commitment services, system coordination and care coordination for youth with multi-system involvement and for individuals with behavioral health conditions who are involved in the criminal justice system.

In addition to these services, the HRC also includes a health clinic operated by **Virginia Garcia Memorial Health Center** and support for those experiencing housing instability, offered by **Project Homeless Connect**. These services are only available to individuals receiving other CATT services at either site.

A Look at the Numbers

Beaverton Recovery Center

Number of individuals served in the women's residential treatment program from November 2025 through June 2026: **107**

Number of individuals served in the men's residential treatment program from November 2025 through June 2026: **128**

Number of individuals served in the withdrawal management program from November 2025 through June 2026: **182**

Exterior of Beaverton Recovery Center

Hillsboro Recovery Center

Number of individuals served at the Hawthorn Walk-in Center from July 2025 through June 2026: **2,318**

Number of individuals served by Solutions Group NW from July 2025 through June 2026: **316**

Number of visits to the Peer Company's drop-in program from July 2025 through June 2026: **2,324**

Number of individuals served by Project Homeless Connect from July 2025 through June 2026: **240**

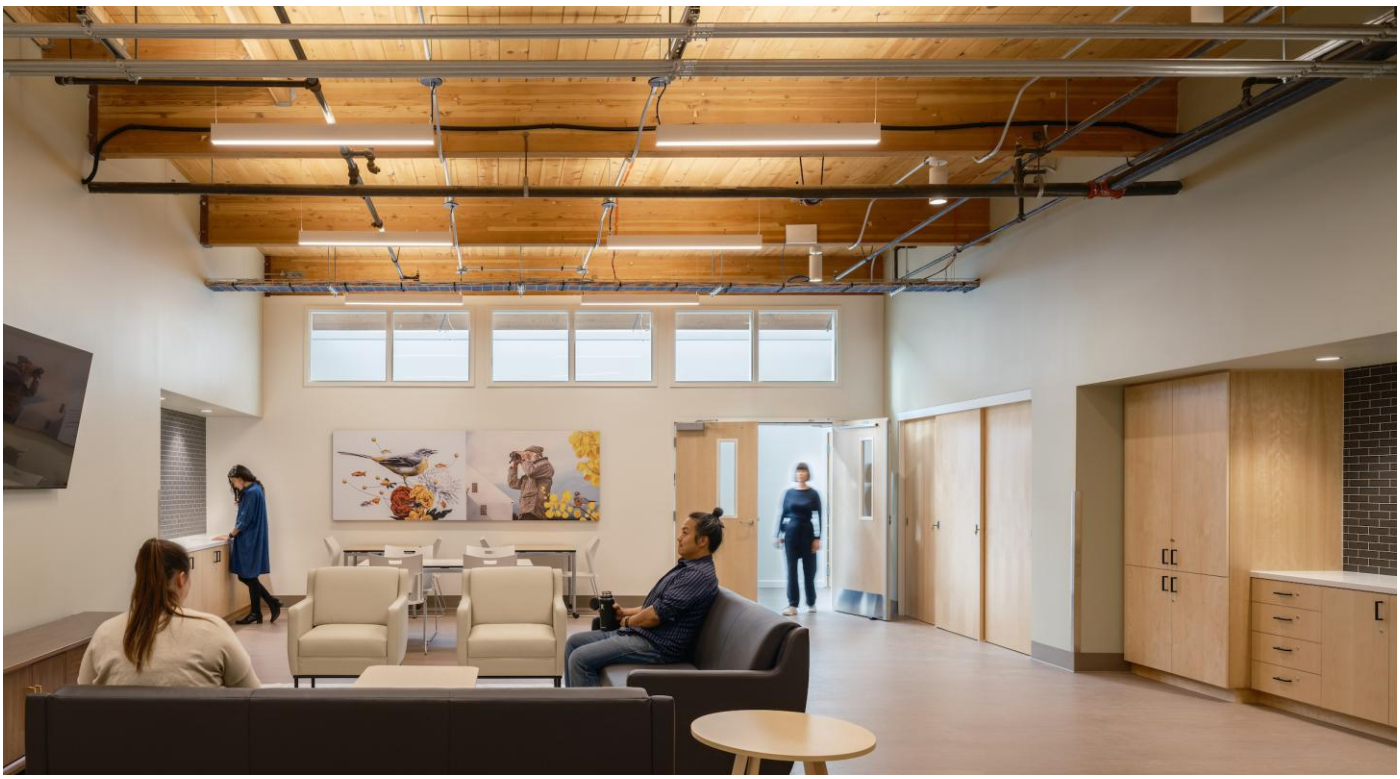
Number of individuals served by Virginia Garcia Memorial Health Center from November 2025 through June 2026: **202**

Exterior of Hillsboro Recovery Center

Operating Highlights

Although the CATT consists of seven partners, services are seamless for clients thanks to significant behind-the-scenes coordination and partnership. A few of these activities are highlighted below:

- Providers meet monthly to share updates and work on programmatic processes such as referral pathways.
- CATT has an internal SharePoint site to facilitate communication across organizations.
- CATT organizations have participated in community-building activities, including a toy drive and a Red Cross blood drive.
- A service fair was held at the HRC with representation from all the CATT providers as well as Developmental Disabilities, Disability, Aging and Veteran Services, and Oregon Department of Human Services. The focus of the fair was to help organizations learn about one another and better understand what each does to support our community.



Withdrawal management dayroom at the Beaverton Recovery Center

Looking Ahead

While the opening of the CATT brought significant new resources to our community, several additional services have been identified for development in partnership with the CATT.

Pharmacy: Adding an on-site pharmacy would provide CATT clients with better access to fill prescriptions issued by CATT organizations or other healthcare providers. The CATT was designed with this in mind, and there is a dedicated space within the HRC for a pharmacy. Leadership is currently having discussions with a pharmacy provider to evaluate the feasibility of adding one to the building.

Transitional Services: A singular goal of the CATT is to meet people where they are with a no-wrong-door approach. Recognizing that transitions of care can be stressful for individuals, CATT leadership created space for a peer-led transition program to provide brief support as they leave more intensive services at the Beaverton site. This program is still under consideration and will be explored further over the next year.

Cornell Road Recovery Housing: Housing has long been identified as a critical need for individuals served at the CATT. CATT leaders are partnering with the Department of Housing to develop a recovery transitional housing program just down the road from the BRC. This program will offer individuals in recovery up to two years of supported housing with CATT as a primary referral source. This program is expected to open within the next year. While not a primary CATT program, services and referrals will be coordinated.

Diversion: As the sobering program becomes established, there is a significant opportunity to consider how it can be used to divert individuals from the criminal justice system.

The CATT in Action

The CATT isn't about partners coming together to support our community members who are struggling with substance use; it's about supporting people in transforming their lives. Mary's experience below demonstrates the impact of having the right service available when needed.

Mary (not her real name) was admitted to the Beaverton site of the CATT for medically managed withdrawal. When she first arrived, she made it clear to staff that she didn't want treatment and that she was only going into the program to have supervised visits with her daughter, with whom she no longer had custody. She reluctantly agreed to transition into the on-site residential treatment program following withdrawal management treatment.

Initially, Mary was hesitant to engage in services, sitting in groups with her arms folded and engaging only when called upon. Over time, she began to open up and participate more. Eventually, she was able to have supervised visits with her daughter and saw her several times each week.

"CODA residential (CATT) saved my life and allowed me to have my daughter back." — Mary

Mary became a senior peer resident, acting as a "big sister" to several new patients before transitioning to a housing program that allowed her to live with her daughter while still receiving treatment. She was informed by DHS that she would regain custody of her daughter. She hopes to work at the CATT residential program in the future, helping other women like herself begin their recovery journey.

Contact Us/Learn More

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Hillsboro Recovery Center central hub