

WASHINGTON COUNTY
Behavioral Health Council
Wednesday
February 22, 2023

Present: Kim Cooper, Mary Monnat, Marcia Hille, Lynne Schroeder, Karen James, Stephanie Rose, Dave Mowry, Rebecca Jones, Carol Greenough, Colin McCoy, Eric Schmidt, Larysa Thomas, Sean Fields

Absent: Danielle Berner, Emily Matkar, Balpreet Stingh, Steven Youngs

Staff: Nick Ocon, BH Director; Ian May, BH Program Manager; Aika Fallstrom, Program Specialist; Jasmine Cuddigan, Administrative Specialist II

Guests: Sally Reid, Tammy Dowd Shearer, Amy Baker, Holly Greener

Call to Order: The meeting was called to order at 9:02 a.m.

Public/Visitor Comment: No comments were submitted by visitors or members of the public.

Program Updates:

CMHP (Community Mental Health Program)

- There are updated Oregon Administrative Rules (OARs) around mobile crisis and having 2 person clinicians teams to respond to all calls. In addition, the updated OARs outline that there needs to be response available 24/7.
 - There is a proposed federal match for crisis funding, we are currently working with an actuary firm to get real costs of crisis funding so match funding can be accurate.
 - There are some challenges as current reporting is only at 50% of community coordinated care organization (CCO) membership, when actual usage by members is closer to 75-80%. In addition, the metro region has a higher population of commercially insured residents who are also using crisis services.
- Differences between Washington County Crisis Line and 988
 - Washington County Crisis Line receives 1000-1200 calls per month (on average) and a yearly average of between 13,000 and 14,000 calls.
 - 988 receives 3000 calls per month, but that is on a statewide level.
 - 988 also has a chat/text feature that is highly utilized. At this time, the crisis line does not have that service, but it may be something to consider for the future.
- Behavioral Health Housing Funding
 - Last year, we applied for some grant funding to look at behavioral health funding needs. We have received \$5.9 million at this time and are currently working on three different projects related to our agreement with the Oregon Health Authority.

- We have toured two potential hotels, though they are off market at this time. We will continue to keep the group updated as more information becomes available.
- If available for purchase, the intended use for one of the hotels would be to convert it into permanent supportive housing for clients with behavioral health and housing insecurities.
- Aid & Assist Update
 - Working with a group called Transcending Hope to help clients transition from jail to the community. They have opened one location (across from the jail) which can house up to 20 individuals as they go through the Aid & Assist process.
 - There has been a lot of success with the Beaverton Municipal Court partnership, working with the court case manager and seeing diversion opportunities for clients.
- There was an overview given of the different care coordination programs by Ian May and what his teams are responsible for.
- There was a reminder that we are all touched by mental illness in one way or another.

CCO (Coordinated Care Organizations)

- CareOregon is moving 25 Intensive Case Management (ICM) slots to Aid & Assist
- CareOregon is looking to put a care coordinator as jail liaison for OHP
- There was a discussion about the ongoing workforce crisis. Nick and Mary Monnat to meet with Rep. Suzanne Bonamici and participate in a roundtable.

Addictions

- No updates currently.

Washington County Juvenile Justice Presentation

- There was a presentation given by Lynne Schroeder, Cynara Blackwood, and Nanuette Lundeen about the intersection of the Juvenile Justice Department and the Behavioral Health Division. Please see attached Powerpoint for additional information.

Member Updates

- Marcia Hille- Sequoia Mental Health received funding from the Oregon Health Authority to open another residential site. More information will be available as there is a site located.
- Karen James- An idea of meeting at the grand opening for the Aloha Inn

Legislative Update

- Mary Monnat provided an update about giving testimony regarding House Bill 2970.
- There are a couple of house bills and legislative concepts to keep an eye on:
 - HB 2757-988 Implementation
 - HB 2543- related to the cost study of the community mental health program (CMHP) especially around forensic services and civil commitment.

Behavioral Health Division Budget Update

- To help balance the county budget, County leadership has asked all departments and divisions to create three scenarios with a 4%, 7%, and 10% budget reduction. These reductions scenarios are for budgets that rely on the County General Fund.
- Behavioral Health is mostly funded through specialty funding so these budget reduction scenarios will not affect our division's budget. We will also be taking a position (Suicide Prevention) from Public Health to assist with balancing their personnel budget.
- There will be a budget town hall given by the Washington County Board of Commissioners on February 23rd.

New/Old Business

- Via online voting, the meeting agreements have been accepted by the group.
- A poll will be sent out to members to see which meeting should be held virtually (March or April)
- There was also a reading recommendation list which Karen James put together
- We are still recruiting for the bylaws sub-committee. Please email Aika if interested.
- Karen will continue to work with Public Safety Coordinating Council to see if Behavioral Health can be a member.

Bylaws Update

- There was a proposal from the subcommittee to change the language regarding membership of the council from 19 members to 15 members. There was no objection from the group so sub-committee will proceed forward with this language.

The meeting was adjourned at 11:00 a.m.

The meeting minutes for June, September, October, and November/December meeting were re-approved to correct the administrative error from last meeting. The meeting minutes from January were approved as well.

Minutes respectfully submitted by Aika Fallstrom, Program Specialist