

WASHINGTON COUNTY
Behavioral Health Council
Wednesday
December 14, 2022

Present: Marcia Hille, Lynne Schroeder, Karen James, Stephanie Rose, Rebecca Jones, Eric Schmidt, Larysa Thomas, Sean Fields, Steven Youngs

Absent: Kim Cooper, Mary Monnat, Danielle Berner, Dave Mowry, Carol Greenough, Colin McCoy, Emily Matkar, Preet Stingh

Staff: Nick Ocon, BH Director; Aika Fallstrom, Program Specialist; Cynara Blackwood, Mental Health System of Care Supervisor

Guests: Patty Steep, Sally Reid, Laura Vences, Annie Saisson, David Graham, Christie McKee

Call to Order: The meeting was called to order at 9:04 a.m.

Program Updates:

CMHP (Community Mental Health Program)

- OHA update
 - New OHA Director: James Schroeder announced
 - BH Director to be announced soon
- The state had proposed significant changes to our Contract that impacted civil commitment and aid and assist, which included language that shifted liability to the counties for providing these supports
 - State has agreed to extend our current (calendar year 2022) contract for 6 months (until 6/30/23) and we will work on negotiations during that time.
 - When we receive our amendment, it will also include the new language and funding for crisis services
 - The amendment will also include agreed upon language for gambling and gambling prevention and potentially new funds.
- There is a 2023 Legislative concept proposes a costing model for core Community Mental Health Program Services (including protective services, civil commitment and Aid and Assist) to inform what funding levels should be for a County/Community Mental Health Program to meet the needs.
- Hawthorn reopened to walk ins effective Monday (December 12th) from M-F 9-2pm.
 - Hawthorn staff are still suggesting community members call the crisis line first.
 - Available to see community members outside of these hours for support, but only have advertised walk in hours at these times.
 - Staffing continues to be too limited to support full walk-in hours but has improved.

CCO (Coordinated Care Organizations)

- We have received our approved contract amount from Health Share for CY 2023

- It includes a significant increase in contribution to both crisis services and peer services
- We requested increases with both Trillium and Yamhill to match our request to Health Share.
- Contract amounts reflect both an increase in cost of delivering services and an increase of use by CCO members into these supports over the past 12 months.
- Health Share is in the process of completing the work of the Financial Investment Oversight Committee
 - Committee was launched due to \$100 million in excess revenue by CareOregon in 2021.
 - Excess due to the pandemic and workforce issues leading to less billing
 - Priorities for Behavioral Health:
 - Address the severe and persistent inpatient psychiatric service capacity challenges caused by the lack of admissions to the Oregon State Hospital and increased demand.
 - Build low barrier, peer-led, trauma informed entry and exit points into mental health and addiction services that coordinates with and provides shelter and supportive housing services.
 - Priorities/Guiding Principles for the group:
 - Addresses a known network capacity need
 - Increases culturally specific service capacity or access
 - Advances equitable impacts
 - Is viable and has clear sustainability path in 2022/2023 rates
 - Is useful immediately in the provider network
 - Aligned with CHP/Strategic Framework
 - Qualifies as HRS and/or has OHA support
 - An established Equity Tool was used at every step of the process.
 - \$55m in behavioral health Investments were determined by the committee:
 - \$40m investment in expanding the inpatient system to support the civilly committed populations
 - This proposal:
 - Adds 20 acute beds to the region and 22 long term beds
 - Expands children/youth beds and moves them to be adjacent to Randall
 - Creates “wrap” Outpatient services for adolescents coming out of the hospital
 - Adds space for interventional psychiatry services (TMS, ECT, ketamine infusion)
 - Investment is contingent upon the hospitals receiving matching funds from OHA. An initial investment of \$225,000 will go to each hospital to complete architectural planning to inform development
 - \$7.6m investment in CATT
 - \$3.8m investment in the Behavioral Health Resource Center in Multnomah County
 - \$300k for an ecosystem analysis to assess size, scope and scale of core BH populations
 - Other investments in Physical and Oral Health and Non-Emergency Medical Transportation were made that will significantly impact our programs
 - All recommendations/investments will be presented to the Health Share Board of Directors on December 21st

- We will be meeting with CCO's in the new year to begin discussing the implementation of the 1115 Medicaid Waiver benefit for housing.

Addictions

- Behavioral Health Resource Network (BHRN) is the Measure 110 implementation and the group is meeting twice a month
- There will be a service provider directory available (soon)
- Crisis Intervention Trainings happened all last week for Crisis Intervention Teams (CIT) with public safety entities. Mental Health And Addictions of Oregon (MHAAO) was a special guest at one of the trainings.
- Center for Addictions Triage and Treatment (CATT) Update
 - A letter of intent was created for outpatient services for the CATT Community Services building- hoping to select a provider soon

Vice Chair Vote/Discussion

- As there was not a quorum at the meeting, the vote will be held online via email.

Youth Resiliency Project Plan/Update

- Cynara Blackwood presented an update on the Youth Resiliency Project
- Please see attached PowerPoint presentation

Bylaws Sub-Committee Members- Status and Recruitment

- As the group has been getting smaller, they are looking to recruit additional members
- Stephanie Rose has re-joined and Becky Jones has joined the group

BHC Year in Review

- A presentation by Karen James and Steven Youngs was given.
- Please see attached list

The meeting was adjourned at 11:00 a.m.

The meeting minutes for June, September, and October have not been approved as there was no quorum.

Minutes respectfully submitted by Aika Fallstrom, Program Specialist