

## Find a vaccine:

- At your health care provider.
- At some pharmacies.
- Check with your local school-based health center. Many offer vaccines

## The Measles Vaccine is safe.

- The measles, mumps and rubella vaccine is very safe.
- Minor side effects might occur and include pain at the site, fever, a mild rash and minor swelling.
- Severe side effects and allergies are very rare.
- No mercury is in childhood vaccines.



## Department of Health & Human Services

Communicable Disease Program

155 N. First Avenue  
MS-23A  
Hillsboro, Oregon 97214-3072

ph. 503-846-3594  
fax. 503-846-3644

[www.co.washington.or.us/HHS](http://www.co.washington.or.us/HHS)

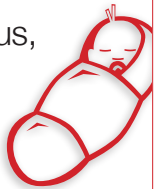


**Public Health**  
Prevent. Promote. Protect

# Measles

## It's not just a little rash

- Measles is a very contagious, viral disease.
- Measles can be dangerous, especially for babies and young children.
- One in every four people with measles will need to be hospitalized.
- One in every three will suffer complications such as ear infection, lung infection and in rare cases, inflammation of the brain.
- For every 1,000 children with measles, one to two will die from it.



## Measles symptoms

- Fever
- Cough and runny nose
- Red eyes
- A red rash that starts on the head and face and spreads to the rest of the body.
- Symptoms usually develop within one to two weeks. Rarely, it can take up to four weeks for symptoms to appear.

## How measles spreads

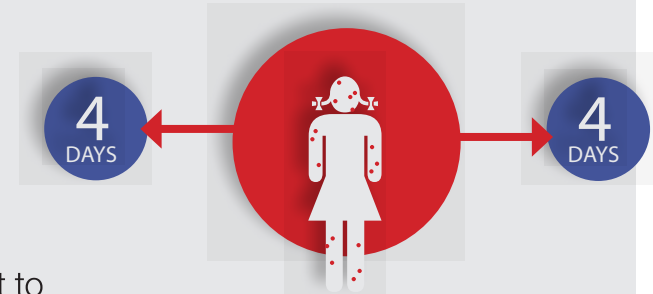
- Measles spreads when someone sick with the virus coughs or sneezes. It can also be spread by direct contact with nose or throat mucus of someone with measles.



## People can spread measles before they show obvious symptoms.

A person who has never had a measles vaccine or a case of measles has a 90 percent chance of catching the disease if they are near an infected person.

People are contagious with measles for four days before the rash appears and up to four days after.



## Telephone first

If you suspect your child has measles please call your provider or Urgent Care first to make arrangements to avoid spreading the virus to others.

## You are protected from measles if:

- You are under age four and have had one dose of the measles, mumps and rubella vaccine.
- You are four or older and have had two measles vaccines.
- You were born before 1957.
- You have a blood test that shows you are immune.

## Protect your child

- The first dose of measles vaccine should be given at 12 to 15 months of age.
- The second dose at age 4 to 6.