

Washington County Writes to Elders

Community connections through physical distancing



Instructions for individuals, families, and groups:

Help a young person write a letter or draw a picture and send it to an isolated older adult in your community. Send your letter, card or artwork to:

The Senior Loneliness Line
5100 SW Macadam Ave, Suite 400
Portland, OR 97239

Or, email submissions to:

BillF@Linesforlife.org
Subject: Washington County Writes

Please follow these guidelines:

1. Use the templates provided to write a letter or draw a picture.
2. Please include your first name and age only. We don't need any other personal information.
3. Write about your favorite subjects, hobbies, and other interests.
4. Ask a beautiful question. (See next page)
5. Let the person know that you and your community cares about them.
6. Draw a picture and give it a title or write a story about it.
7. Write BIG and legibly. Try to use the full space on lines below.
8. REMEMBER! Use a sponge or wet towel to seal envelopes. PLEASE DO NOT LICK.

Beautiful questions inspire imagination, creativity and invite a response that is valued by the asker. Make up your own questions or use a question below:

What sorts of creatures bring you joy?

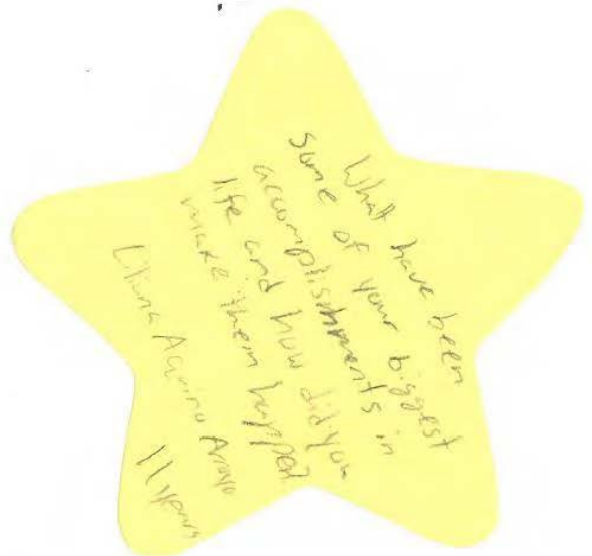
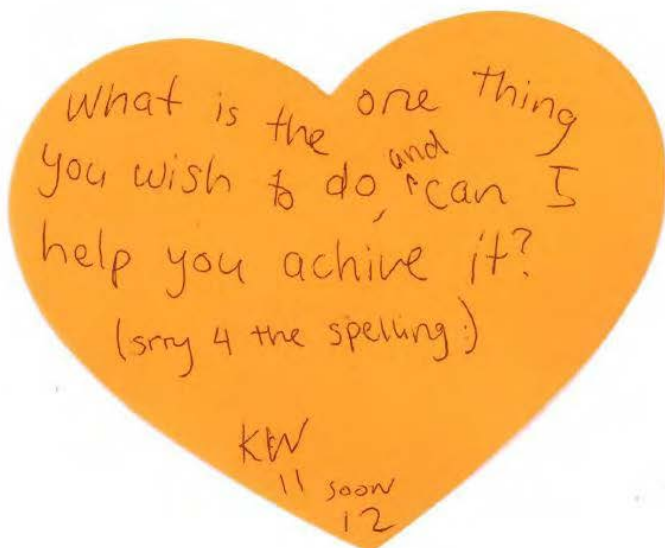
How do you like to celebrate your favorite holiday?

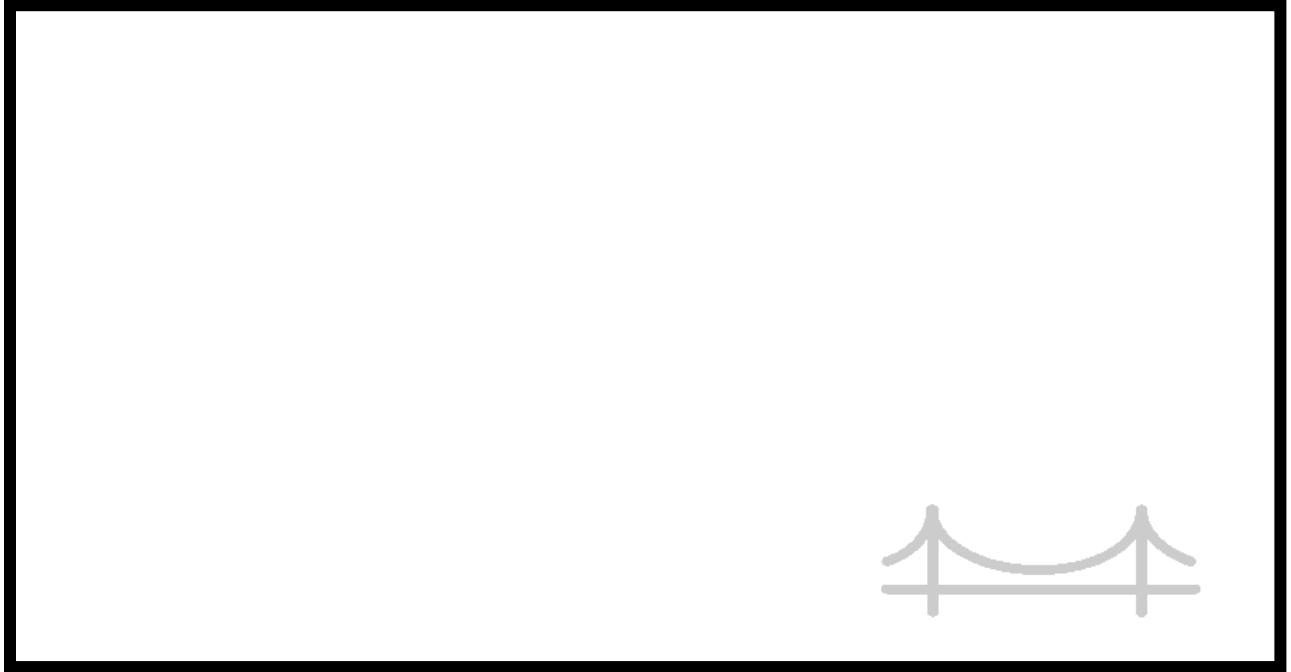
How do you know when you are "grown up"?

What do you think is the most beautiful sound in nature?

What do you treasure in your home and why?

How would you make someone feel welcome in your home?





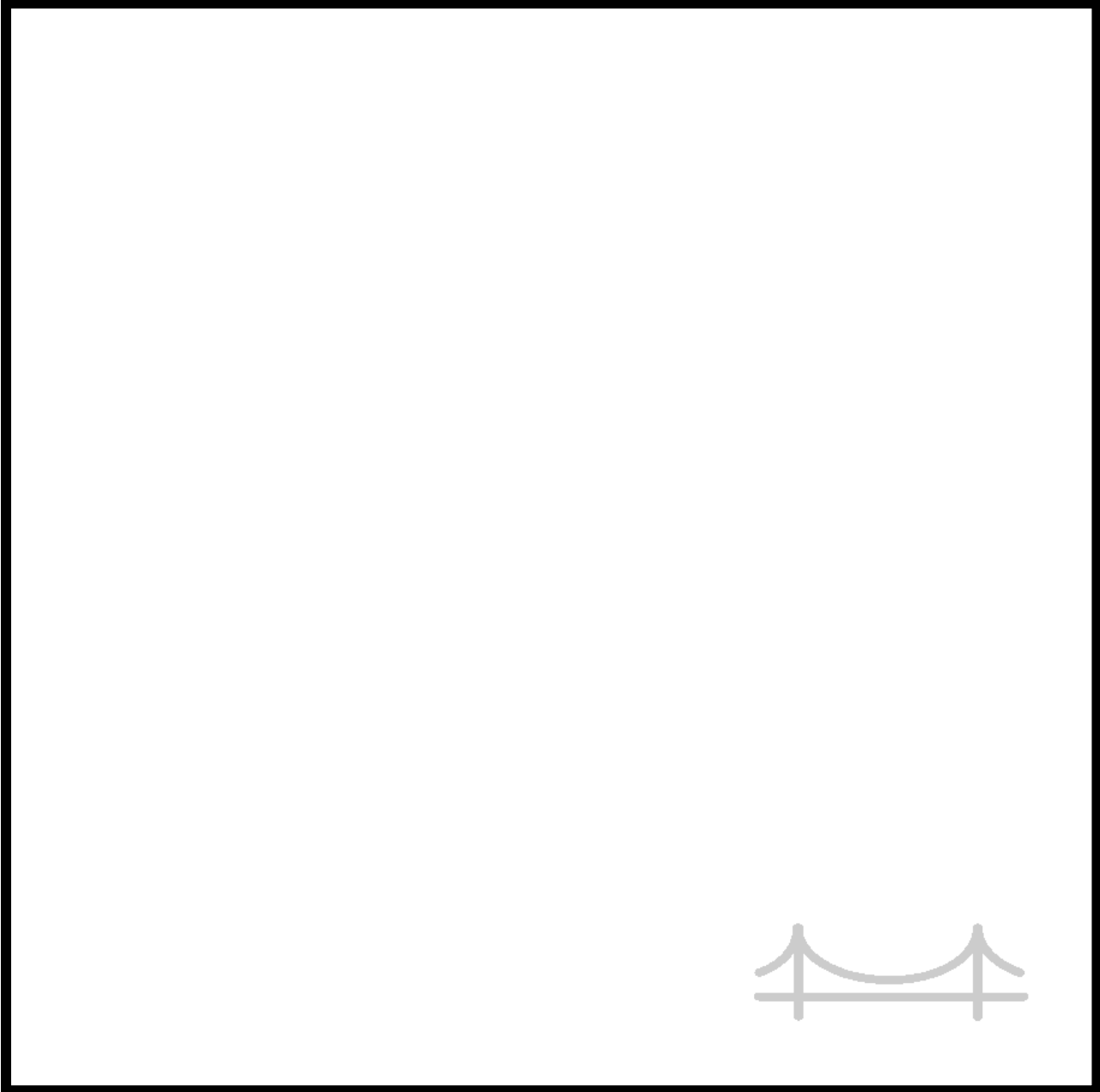
Dear Neighbor,

From: _____ Age: _____

Dear Neighbor,

From: _____ Age: _____

Dear Neighbor,



From: _____ Age: _____

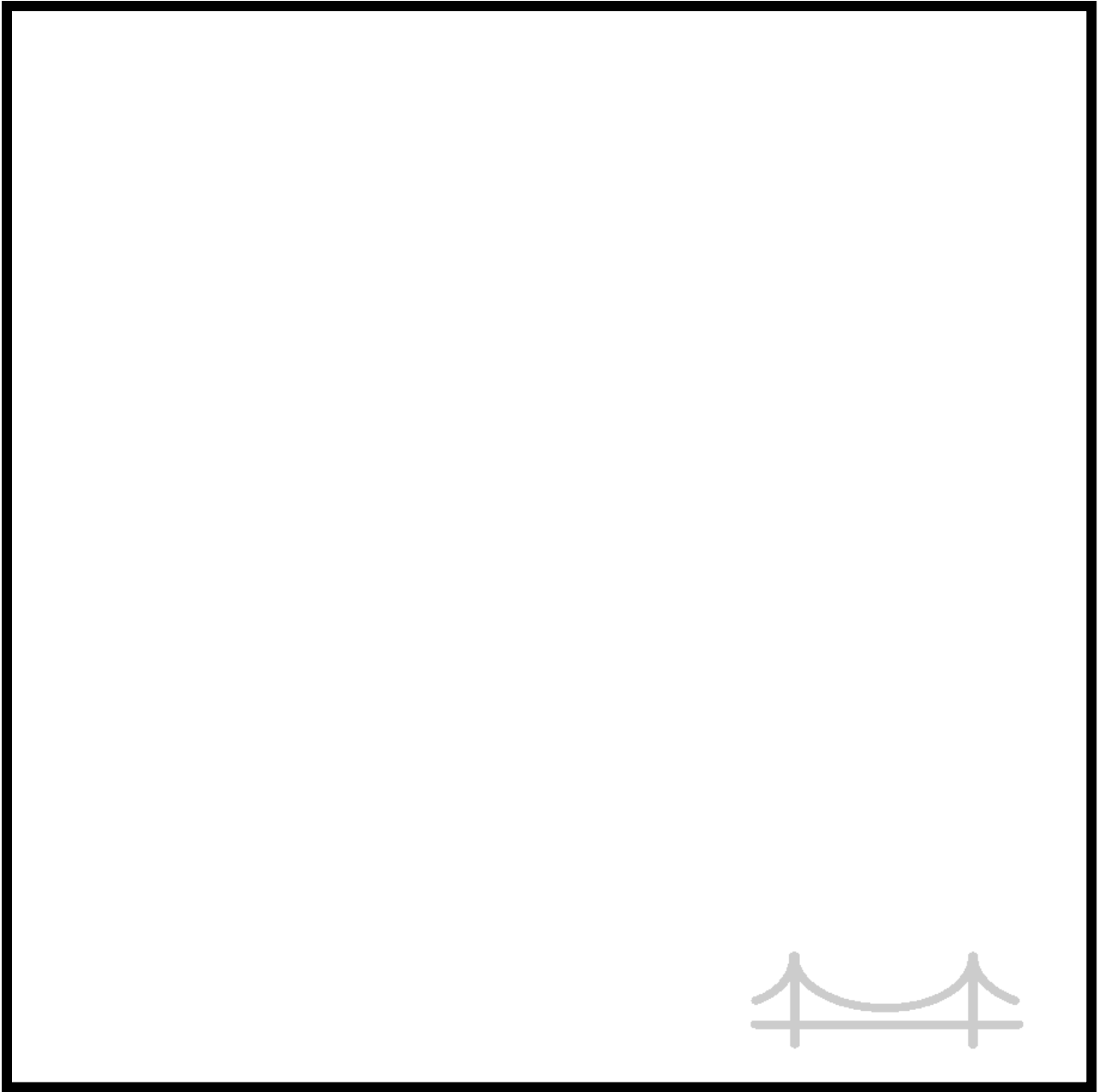


Hola Vecino

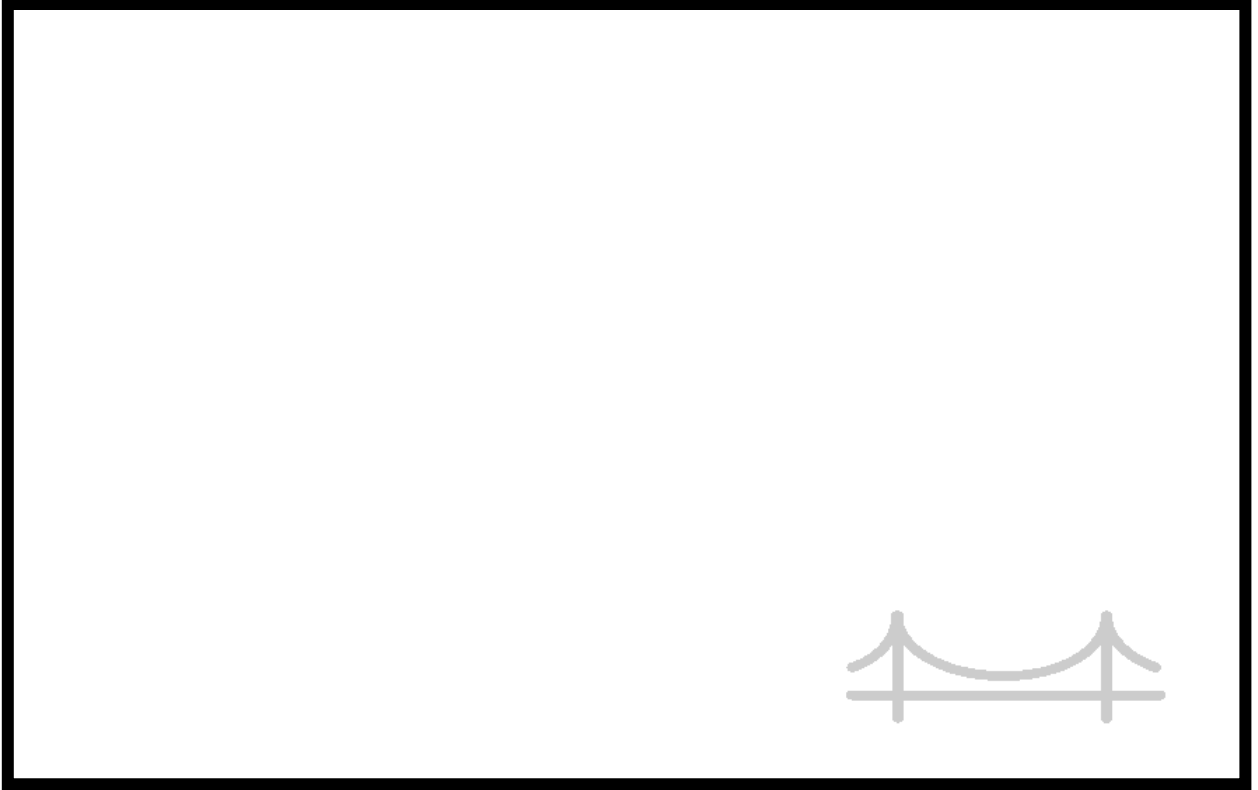
Hola Vecino,

Nombre: _____ Edad: _____

Hola Vecino,



Nombre: _____ Edad: _____



Hola Vecino,

Nombre: _____ Edad: _____