WASHINGTON COUNTY



OREGON

Resource and Referral List

(Updated 07/28/2020)

INFORMATION AND REFERRAL

For up to date information about agencies and services in the Portland Metro Area: 211 Info 211 or (503) 222-5555

CASH ASSISTANCE/FOOD STAMPS

State of Oregon: Department of Human Services

Beaverton – 12901 SW Jenkins Road, Suite B, Beaverton	503-646-9952 or 503-641-2319 TTY
Hillsboro – 5350 NE Elam Young Pkwy. Hillsboro	503-648-8951 or 503-648-0542 TTY
Tigard – 10777 SW Cascade Ave, Tigard	503-670-9711 or 503-670-0246 TTY

CRISIS LINES

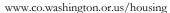
Bradley-Angle House Domestic Violence Hotline	503-281-2442
Domestic Violence Resource Center 24 Hour Hotline	503-469-8620
Immigrant and Refugee Community Org. (IRCO) Crisis Line	503-234-1541
National Domestic Violence Hotline	1-800-799-7233
National Runaway Switchboard	1-800-786-2929
Northwest Human Services Crisis & Information	1-800-560-5535
Oregon SAFENET	1-800-723-3638
Poison Control	1-800-222-1222
Portland Women's Crisis Line	503-235-5333
RAIN (Rape, Abuse & Incest National Network)	1-800-656-4673
Rape Crisis Center	503-640-5311
Sexual Assault Resource Center	503-640-5311
Suicide Crisis Line	1-800-560-5535
Washington County 24 Hour Crisis Line	503-291-9111

HELP LINES and INFORMATION & REFERRAL

24-hour Providence Nurse Line	503-216-6520
Adult & Family Services (DHS)	1-503-945-5600
Alcohol and Drug Helpline	1-800-923-4357
Clackamas County Social Services I&R	503-655-8640
Clark County Human Service Council I&R	1-360-694-6577
Community Action Organization	503-648-6646
Domestic Violence Resource Center 24 Hour Hotline	503-469-8620
HIV/AIDS Hotline (Cascade AIDS Project)	1-800-777-2437
Parents Anonymous	503-258-4557
Pregnancy Talk Line	1-800-342-6688
SU FAMILIA – National Hispanic Family Health Helpline	1-866-783-2645

This list has been provided as a public service by: Department of Housing Services

111 NE Lincoln Street, Suite 200-L, MS 63, Hillsboro, OR 97124-3072 (503) 846-4794 • fax (503) 846-4795 • TTY dial 711

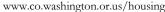


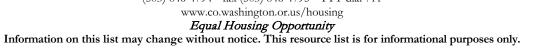
Equal Housing Opportunity



CHILDREN'S SERVICES & CHILD CARE	
A Child's Place – Bilingual Child Care	503-579-0600
Boys & Girls Aid Society (Safe Place)	503-542-2717
Birth Right (24-7hr Helpline)	1-800-550-4900
Child Care Resource & Referral of Washington County	971-223-6100
Child Development and Rehabilitation Center	503-494-8095
Early Head Start	503-693-3262
Early Intervention	503-261-5535
Home Plate Youth Services	503-320-8965
Hillsboro Boys and Girls Club	503-640-4558
National Child Abuse Hotline	1-800-422-4453
Parenting Together	503-846-4556
Services to Children and Families (Child Welfare Office)	503-648-8951
CLOTHING	
Beaverton 7th Day Adventist Church	503-646-9828
Catholic Charities	503-231-4866
Community Action Organization	503-648-6646
Forest Grove 7th Day Adventist Church	503-357-9797
Hillsboro 7th Day Adventist Church	503-648-3922
Salvation Army	503-640-4311
Sunset Presbyterian Church	503-292-9293
•	ZNITEDO
COMMUNITY SERVICE CENTERS/MULTI-SERVICE CI Centro Cultural	503-359-0446
Forest Grove Family Resource Center	503-359-2598
Immigrant and Refugee Community Organization (IRCO)	503-234-1541
Love INC Greater Beaverton	503-336-5946
Love INC Greater Hillsboro	503-648-0700
Love INC Tigard, Tualatin and Sherwood	503-443-6888
Lutheran Community Services NW	
	503 924 2448
•	503-924-2448 503-535-3860
Outside-In	503-535-3860
•	
Outside-In William Temple House COUNSELING & GUIDANCE	503-535-3860 503-226-3021
Outside-In William Temple House COUNSELING & GUIDANCE Cascadia Behavioral Healthcare	503-535-3860 503-226-3021 503-648-0753
Outside-In William Temple House COUNSELING & GUIDANCE Cascadia Behavioral Healthcare Domestic Violence Crisis Line	503-535-3860 503-226-3021 503-648-0753 503-469-8620
Outside-In William Temple House COUNSELING & GUIDANCE Cascadia Behavioral Healthcare Domestic Violence Crisis Line Lutheran Community Services Northwest	503-535-3860 503-226-3021 503-648-0753 503-469-8620 503-924-2448
Outside-In William Temple House COUNSELING & GUIDANCE Cascadia Behavioral Healthcare Domestic Violence Crisis Line Lutheran Community Services Northwest Men's Resource Center	503-535-3860 503-226-3021 503-648-0753 503-469-8620 503-924-2448 503-235-3433
Outside-In William Temple House COUNSELING & GUIDANCE Cascadia Behavioral Healthcare Domestic Violence Crisis Line Lutheran Community Services Northwest Men's Resource Center Open Door Counseling Center	503-535-3860 503-226-3021 503-648-0753 503-469-8620 503-924-2448 503-235-3433 503-640-6689
Outside-In William Temple House COUNSELING & GUIDANCE Cascadia Behavioral Healthcare Domestic Violence Crisis Line Lutheran Community Services Northwest Men's Resource Center Open Door Counseling Center Oregon Family Support Network	503-535-3860 503-226-3021 503-648-0753 503-469-8620 503-924-2448 503-235-3433 503-640-6689 1-503-363-8068
Outside-In William Temple House COUNSELING & GUIDANCE Cascadia Behavioral Healthcare Domestic Violence Crisis Line Lutheran Community Services Northwest Men's Resource Center Open Door Counseling Center Oregon Family Support Network Pacific University Clinic	503-535-3860 503-226-3021 503-648-0753 503-469-8620 503-924-2448 503-235-3433 503-640-6689 1-503-363-8068 503-352-2400
Outside-In William Temple House COUNSELING & GUIDANCE Cascadia Behavioral Healthcare Domestic Violence Crisis Line Lutheran Community Services Northwest Men's Resource Center Open Door Counseling Center Oregon Family Support Network Pacific University Clinic Portland State University: Counseling Clinic	503-535-3860 503-226-3021 503-648-0753 503-469-8620 503-924-2448 503-235-3433 503-640-6689 1-503-363-8068 503-352-2400 503-725-4620
Outside-In William Temple House COUNSELING & GUIDANCE Cascadia Behavioral Healthcare Domestic Violence Crisis Line Lutheran Community Services Northwest Men's Resource Center Open Door Counseling Center Oregon Family Support Network Pacific University Clinic Portland State University: Counseling Clinic Services to Children and Families	503-535-3860 503-226-3021 503-648-0753 503-469-8620 503-924-2448 503-235-3433 503-640-6689 1-503-363-8068 503-352-2400 503-725-4620 503-648-8951
Outside-In William Temple House COUNSELING & GUIDANCE Cascadia Behavioral Healthcare Domestic Violence Crisis Line Lutheran Community Services Northwest Men's Resource Center Open Door Counseling Center Oregon Family Support Network Pacific University Clinic Portland State University: Counseling Clinic	503-535-3860 503-226-3021 503-648-0753 503-469-8620 503-924-2448 503-235-3433 503-640-6689 1-503-363-8068 503-352-2400 503-725-4620

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Oregon Food Bank

Rock Creek Pantry

St. Anthony's Church (Forest Grove)

Salvation Army

Sunshine pantry

SVDP Aloha

Washington County Conciliation Services Women's Psychiatric Resource Center Youth Contact	503-846-3428 503-629-2131 503-640-4222
DOMESTIC VIOLENCE and STALKING - Shelters, Hotli	ines & Support
Bradley-Angle House – Portland	503-281-2442 or 503-232-1528
Clackamas Women's Services 24 Hour Crisis Line	503-654-2288
Domestic Violence Resource Center - Washington County	503-469-8620 or 866-469-8600
National Domestic Violence Hotline	1-800-799-7233
Portland Crisis Line (Call to Safety)	503-235-5333 or 888-235-8600
Salvation Army West Women's and Children's Shelter	503-224-7718
Sexual Assault Resource Center Crisis Line	503-640-5311
Stalking Resource Center Victim Assistance Line	1-202-467-8700
Domestic & Sexual Violence (Call to Safety)	503-235-5333 or 888-235-5333
DRUG & ALCOHOL - Treatment & Support	
Al-Anon/Alateen	503-292-1333
Alcoholics Anonymous (AA)	503-223-8569
CODA	503-239-8400
DePaul Treatment Centers	503-535-1151
Families Anonymous	1-800-736-9805
Gambler's Anonymous	1-855-222-5542
Mountaindale Recovery Center	503-647-0165
Narcotics Anonymous	503-345-9839
Providence Health System (Chemical Dependency Program)	503-215-1550
Sequoia Mental Health Inc.	503-591-9280
Tigard Recovery Center (CODA)	503-624-0312
Tualatin Valley Centers (Life Works NW)	503-645-3581
Youth Contact	503-640-4222
FOOD	
Brown Bag/Tualatin Valley Gleaners (Oregon Food Bank)	503-439-6510
Care to Share	503-591-9025
Community Action Organization (after 6pm & weekends)	503-640-3263
Meals on Wheels (Beaverton Center 24hrs)	503-643-8352
Neighborshare (Community Action)	503-598-0505

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503-439-6510

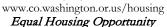
503-645-2525

503-640-4311

503-357-2989

503-841-9418

503-649-5678





FOOD & CLOTHING	
Holy Trinity Clothes and Food Closet	503-641-1842
Society of St. Vincent De Paul	503-693-7528
St. Francis Church (Sherwood)	503-625-7067
HEALTH	
American Cancer Society	503-295-6422
American Heart Association	503-820-5300
American Lung Association	503-545-5864
Cascadia Behavioral Healthcare	503-648-0753
Cascade AIDS Project	503-223-5907
Oregon Health Plan	1-800-359-9517
Planned Parenthood	1-888-875-7820
Pregnancy Talk Line	1-800-342-6688
SU FAMILIA – National Hispanic Family Health Helpline	1-866-783-2645
Tuality Health Education Center	503-681-1700
Portland Veteran's Medical Center	503-220-8262
Hillsboro Veteran's Community-Based Outpatient Clinic	503-906-5000
Virginia Garcia Memorial Health Center	503-359-5564
Washington County Health & Human Services (immunizations)	503-846-8851
WIC (Women, Infants & Children)	971-673-0040
	7.1.0.0000
<u>Dental:</u> Dental Access Program	503-988-6942
Virginia Garcia Dental Clinic	503-359-8505
	303-339-8303
Disability/Mental Health:	502 255 4205
Albertina Kerr Center, Inc.	503-255-4205
Imagine Possibilities	503-649-6110
NAMI (National Alliance on Mental Illness)	503-356-6835
Oregon Disabilities Commission	1-800-282-8096
Oregon Senior and Disabled Services	503-627-0362
Quiet Waters Outreach	503-620-8288
Tualatin Valley Mental Health Crisis Line	503-291-9111
Washington County Adult Mental Health	503-846-4528
Washington County Developmental Disabilities	503-846-4737
Wildwood Psychiatric Resource Center	503-629-2131
Suicide Prevention and Mental Health 24 Hour Crisis Lines	
Clackamas County	503-655-8585
Multnomah County	503-988-4888 or 1-800-716-
	9769
Washington County	503-291-9111
National Suicide Prevention Hotline	1-800-273-TALK (8255)
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HOUSING

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Emergency Assistance for Homeless or at Risk of Homelessness	
Community Connect Coordinated Entry for Homeless Services	503-640-3263
Community Action Rental Assistance	503-615-0770
Home Buying, Rehabilitation, and Other Housing Help	
CASA of Oregon	503-537-0319
Community Energy Project	503-894-8665
Department of Housing and Urban Development (HUD)	971-222-2600
Habitat for Humanity	503-287-9529
Home Access - Repair for the Disabled and Elderly	503-846-8897
HUD Home Buying Programs	1-800-225-5342
Portland Housing Bureau	503-823-2375
Portland Housing Center	503-282-7744
Rebuilding Together	503-644-4544
Washington County Department of Housing Services	503-846-4794
Weatherization Program (CAO)	503-906-6550
Willamette West Habitat for Humanity	503-844-7606
Willamette West Habitat: A Brush with Kindness	503-844-7606
Landlord/Tenant Issues:	
Community Alliance of Tenants (CAT)	503-288-0130
Dispute Resolution Center	503-526-2523
Fair Housing	503-223-8295
HUD Housing Discrimination Hotline	1-800-424-3247
Landlord/Tenant Hotline	503-640-4115
Legal Aid Services of Oregon (LASO)	503-648-7163
Renter's Rights Hotline (Community Alliance of Tenants)	503-288-0130
Tel-Law Oregon State Bar Association	1-800-452-4776
	1 000 132 1770
Shelters and Transitional Housing: Product Analysis Houses	E02 201 2442
Bradley-Angle House	503-281-2442
Good Neighbor Center	503-443-6084
Hillsboro Family Shelter (CAO)	503-640-3263 503-640-3263
Interfaith Hospitality Network Just Compassion	503-624-4666
Monika's House	
	503-469-8620 503-220-0438
Operation Night Watch Portland Rescue Mission	503-906-7690
	503-222-6222
Raphael House Rose Haven	503-248-6364
	503-823-4930
Transition Projects, Inc.	503-232-6562
Volunteers of America Family Center Shelter West Women's Shelter – Salvation Army	503-224-7718
west women's sheller – sarvation many	JUJ-44-7/10

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LEGAL SERVICES Child Support Enforcement Court Appointed Special Advocates Dispute Resolution Center Legal Aid Services of Oregon (LASO) Legal Aid Public Benefits Hotline National Center for Victims of Crimes Oregon Civil Rights (BOLI) Oregon Legal Services St. Andrew's Legal Clinic (SALC) Restraining Orders Tel-Law Oregon State Bar Association	503-846-8759 1-800-628-3233 503-526-2523 503-648-7163 503-241-4111 1-202-467-8700 971-673-0761 503-648-7163 503-281-1500 503-640-5352 1-800-452-4776
LAW ENFORCEMENT Emergencies Beaverton Police Hillsboro Police Washington County Sheriff's Office	911 503-526-2260 503-681-6190 503-846-2700
TRANSPORTATION Red Cross Transportation Ride Connections Tri-Met U-Ride	503-284-1234 503-528-1720 503-238-RIDE 503-226-0700
UTILITIES Energy Assistance Program (CAO) Low Income Energy Assistance Program (LIEAP) NW Natural Temporary Payment Agreements PGE Time Payment Assistance Salvation Army St. Vincent De Paul	503-648-6646 503-615-0771 1-800-422-4012 503-228-6322 503-640-4311 503-693-7528
VETERAN'S SERVICES Department of Veterans, Aging and Disability Services Portland Veteran's Medical Center Hillsboro Veteran's Community-Based Outpatient Clinic Veteran Community Resource and Referral Center	503-846-3060 503-220-8262 503-906-5000 503-808-1256

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